

# Shand Thomas

shandthms@gmail.com  
www.shandthomas.com  
704.437.3480  
5'10"

## Film/Television

The Other Two	Co-Star	Dir. Kim Nguyen
Wednesday	Co-Lead	Dir. Alison Hale & Alex Kokenis

## Theater

Lloyd Night	House Improv Team	Upright Citizens Brigade Theatre
Story Pirates	Castmember	Story Pirates NYC
Tchotchke	House Sketch Team	The People's Improv Theatre
3x3 Improv Tournament	Finalist	Upright Citizens Brigade Theatre

## Training

Improv: Upright Citizens Brigade Theatre, New York, NY  
+ **Advanced, Academy Improv, Level 101-401:**  
James Dwyer, Johnna Scrabis, Joey Price, Nicole Drespel,  
Alex Dickson, Liz Noth, Erik Tanhouye.  
+ **Coaches:** Becky Drysdale, Molly Gaebe, Sebastian  
Connelli, Caroline Martin, Jessica Morgan, Devon Ritchie,  
Corin Wells, Patrick Keene, Martiza Montañez.

Acting: The Barrow Group  
with K. Lorel Manning.

Sketch: Upright Citizens Brigade Theatre  
Dir. Georgie Aldaco, Suni Reyes, Corin Wells.

Characters: Upright Citizens Brigade Theatre  
Coaches: Jon Bander, Sarah Smallwood Parsons.

## Special Skills

Improv, Impressions, NY Driver's License, Soccer, Tennis,  
Volleyball, Swimming, Dialects: Southern, Midwestern, British RP.  
Seasoned at explaining my name.